

Highland Prep West August 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				There will be 2 lunch choices plus a small amount of Sub sandwiches for each lunch. *Sub sandwich lunch choice is Turkey. All Grain items meet the Whole grain requirements for the National school lunch and breakfast program.
10. Daily Breakfast Options Apple & Juice Lunch Choices: Hot Dog Cheeseburger or Sub French Fries Pickles Pretzels Fruit of the day	11. Daily Breakfast Options Melon & Juice Pepperoni OR Cheese Pizza WG Crust Salad Broccoli and Celery Sticks Pasta Salad with Ranch veggies and cheese Fruit of the day & WG Cookie	12. Daily Breakfast Options Grapes & Juice Lunch Choices: WING WEDNESDAY (Honey-Hot) w/ WG Crackers Cheeseburger or Sub Carrots & Celery French Fries Fruit of the day	13. Daily Breakfast Options Oranges & Juice Lunch Choices: Chicken Burrito Beef Nachos or Sub Pinto Beans Broccoli Rice WG Chips and diced tomato Salsa Fruit of the day	14. Daily Breakfast Options Banana & Juice Pepperoni OR Cheese Pizza WG Crust Salad Carrots and Celery Sticks Pasta Salad with Ranch veggies and cheese Pineapple & WG Cookie
17. Daily Breakfast Options Apple & Juice Lunch Choices: Chicken Tenders Cheeseburger or Sub French Fries Carrots Wg Crackers Fruit of the day	18. Daily Breakfast Options Melon & Juice Lunch Choices: Pepperoni OR Cheese Pizza WG Crust Salad Carrots and Celery Sticks Pasta Salad with Ranch veggies and cheese Fruit of the day & WG Cookie	19. Daily Breakfast Options Grapes & Juice Lunch Choices: WING WEDNESDAY (S&S) w/ WG Crackers Cheeseburger or Sub Carrots & Celery French Fries Fruit of the day	20. Daily Breakfast Options Oranges & Juice Lunch Choices: Pizza Pasta Grilled Ham & Cheese or Sub Salad Carrots Fruit of the day Roll or Bread	21. Daily Breakfast Options Banana & Juice Pepperoni OR Cheese Pizza WG Crust Salad Broccoli and Celery Sticks Pasta Salad with Ranch veggies and cheese Pineapple & WG Cookie
24. Daily Breakfast Options Apple & Juice Lunch Choices: Corn Dog Cheeseburger or Sub French Fries Cucumbers Goldfish Fruit of the day	25. Daily Breakfast Options Melon & Juice Pepperoni OR Cheese Pizza WG Crust Salad Broccoli and Celery Sticks Pasta Salad with Ranch veggies and cheese Fruit of the day & WG Cookie	26. Daily Breakfast Options Grapes & Juice Lunch Choices: WING WEDNESDAY(BBQ) w/ WG Crackers Cheeseburger or Sub Carrots & Celery French Fries Fruit of the day	27. Daily Breakfast Options Oranges & Juice Lunch Choices: Orange Chicken Quesadilla or Sub Rice with Veggies Broccoli Fruit of the day	28. Daily Breakfast Options Banana & Juice Pepperoni OR Cheese Pizza WG Crust Salad Carrots and Celery Sticks Pasta Salad with Ranch veggies and cheese Pineapple & WG Cookie
31. Daily Breakfast Options Apple & Juice Lunch Choices: Chicken Sandwich Cheeseburger or Sub French Fries Pickles Pretzels Fruit of the day		*Choice of fat free White, Chocolate or Strawberry milk with all meals *All menu items are subject to substitution without notice.	Daily Breakfast options may include: Muffin, Cereal, Yogurt Parfait, 2 Go-gurts, English Muffin, Bagel, 2 Nutrigrain bars, 2 Granola Bars, Waffle, Toast, Pan Dulce. 1 Cheese Stick with a choice from above Breakfast comes with milk, 1 cup of fruit which can be 2 choices ½ c each including 1fruit and 1 Juice or 2 fruit	
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